



In This Issue

[Singing in the Rain](#)

[Social Training with Peers](#)

[Just Breathe](#)

[What's New for Infants, Toddlers, and You?](#)

Welcome to the spring newsletter! The California Inclusion and Behavior Consultation Network (CIBC) continues to receive requests for technical assistance from early childhood programs throughout the state. Whether your program services infants, toddlers, and/or preschoolers, CIBC is available to provide consultation on inclusion, special needs, and challenging behavior-at no cost to you.

Singing in the Rain

No matter where you live in California, you have probably experienced nature's downpours in the last few months. With all the rain that has come our way lately, how are teachers and young children adjusting to more indoor time? This is a good time to consider how children are able to engage in large motor experiences in the



Photo: teachpreschool.org

classroom. Do they have safe ways to move their bodies? How are they supported in doing so? Teachers may need help considering ways to create space for children's need to be active. Dancing with scarves, indoor obstacle courses, musical squares (with carpet squares) - there are a variety of movement experiences that children enjoy when they are "cooped up" on a rainy day.

Social Training with Peers

In a follow-up to their playgroup study, Kansas University researchers created "Connecting Kids," a series of child-friendly videos that help typically developing children understand and support friends and classmates who

have autism.

<https://www.youtube.com/watch?v=sKM07-l6sM4>

Just Breathe

Take a few minutes to watch this unscripted video of children describing how anger feels and what they do about it. Though the children are older than the age groups we typically serve through CIBC, their feedback is inspiring and helpful.

<https://www.youtube.com/watch?v=RVA2N6tX2cg>

What's New for Infants, Toddlers, and You?

Let's Talk Temperament

Temperament refers to a person's behavioral style, or typical ways of responding to the environment. Infants are born with observable temperamental characteristics that form the foundation of individual personality. Researchers have identified nine categories of temperament: activity level, regularity, adaptability, approach to novelty, emotional intensity, quality of mood, sensory sensitivity, distractibility, and persistence. Infants, children, and adults differ in a consistent way from one another on these dimensions.



Photo: haartfelt.com

Adults working with infants and toddlers may find it helpful to deepen their awareness of their own temperament, as well as the temperaments of children in their care. For more information on temperament traits, refer to the Program for Infant/Toddler Care website: www.pitc.org.

Please send stories, comments, and suggestions to share in upcoming issues to cibc@wested.org.

Sincerely,

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