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Greetings, ECE Colleagues! The California Inclusion and Behavior Consultation Network is wrapping up fiscal year 2015-2016 on June 30. We want to take a moment to thank you for the strong partnerships we have built together this year on behalf of young children. It has been a pleasure working with you. We will begin assigning new technical assistance requests in late August. However, you are welcome to make requests now. You may also contact us over the summer with any questions or comments. We wish you a safe and healthy summer!

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### Did You Know....

If you've had a successful experience working with a local consultant who is not currently a CIBC Consultant, please consider referring them to CIBC to explore the possibility of joining our Network. If you know of someone who may be interested in applying for a consultant position, please refer your colleague to the CIBC website to begin the application process:

[cibc@wested.org](mailto:cibc@wested.org)

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### The Outdoor Classroom

Outdoor classrooms are based on the premise that children learn everywhere, all the time. Outdoor spaces can provide a balance of physically active and less active play. And, many activities that can be done indoors can also be offered outdoors. Most importantly, children have exposure to nature in the outdoor classroom.



2011) stresses the importance of physical fitness, given the increasing rates of health issues such as obesity and diabetes in children. Active physical play supports brain development and promotes each child's readiness to learn. As multisensory learners, children benefit from the variety of stimulation that the outdoor classroom offers. For more information on outdoor classrooms, go to [outdoorclassroomproject.org](http://outdoorclassroomproject.org).

## New Resources to Share

### Trauma-Informed Care

There is a growing recognition in the field of early care and education of the impact of trauma on young children. Children birth to age five are disproportionately exposed to trauma. Adults who work with young children are familiar with its consequences in early childhood classrooms. Check out this brief article on trauma-informed care (TIC) and its benefits for children and families: <http://campaign.r20.constantcontact.com/render?m=1101701160827&ca=f7b14a31-6758-41d7-92a4-fcd30beec7f>

### Mindfulness for Children?

Research shows the positive impact of mindfulness practices on adults. Investigators are now beginning to uncover how mindfulness can be a preventive approach for children and their management of stress. Read this Child Trends blog post about promoting mindfulness practice in children:

<http://www.childtrends.org/mindfulness-for-children/#more-17057>

## Mark Your Calendars



It's never too early to get conference dates on your calendar! Note the following conferences that will be held in California this fall:

Conference	Dates	Location	Registration Information
2016 Joint Network/CAPPA Conference	October 19-21	Sacramento	<a href="http://www.rrnetwork.org/events">http://www.rrnetwork.org/events</a>
Inclusion Collaborative State Conference	October 27-28	San Jose	<a href="https://www.regonline.com/builder/site/Default.aspx?eventid=1791419">https://www.regonline.com/builder/site/Default.aspx?eventid=1791419</a>
CDE/EESD Professional Development Conference	September 22-24 November 10-12	San Jose Palm Springs	<a href="https://caeyc.org/">https://caeyc.org/</a>
2016 Child Health, Education, and Care Summit	November 8-10	Sacramento	<a href="http://www.cafc.ca.gov/about/about_annual_summit.html">http://www.cafc.ca.gov/about/about_annual_summit.html</a>

Please send stories, comments, and suggestions to share in upcoming issues to [cibc@wested.org](mailto:cibc@wested.org).

Sincerely,

The CIBC Team

[www.cibc-ca.org](http://www.cibc-ca.org)

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California Inclusion and Behavior Consultation (CIBC) Network is funded by California Department of Education, Early Education and Support Services Division, and administered by WestEd Center for Prevention & Early Prevention.

